



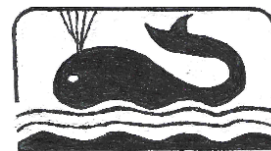
THE PROBUS CLUB OF MOSMAN

COMBINED INC

PO Box 264, Mosman NSW 2088

mosmanprobus@gmail.com

ABN: 96 728 384 926



Fun and Friendship in Retirement

CLUB CONTACTS

President: Peter Reeves
0416 496 505
Vice-President: Lynette Armstrong
Secretary: Ian Hume
0478 051 950
Treasurer: Helmut Regelein
Immediate Past President:
Rob Taggart
Club Ambassador: Barry Starr
Speaker Officer: Heather Jenkins
Greetings Team:
Keith McDonald
Jenny McDonald
Sally Cullen

Membership:
Keith McDonald
Jenny McDonald
Team: Sally Cullen
Mona Deakin
Jenny Reeves
Christine Fraser
Desley Hume
Denise Bloom
Activities: Robyn Yates
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Team: Monica Anastasia
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Dawn Willis
Sue Hartmann

Newsletter: Margaret Szalay
Don Napper
Welfare Officer & Probos Cluster:
Margaret Badger
Publicity Team:
Sarnie Hay
Heather Jenkins
Dawn Willis
Book Exchange:
Vichy Clapano
Club Lunches: Jennifer Walker
Cinema Club: Gill Napper
Financial Reviewer: Rob Brown
Public Officer: Lawrie Smith

CLUB NEWS

Meeting on Wednesday, 22 July 2026

Newsletter photos welcome, send to: margaret@cremorne1.com

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Meeting Apologies to be sent to: mosmanprobus@gmail.com OR 0478 051 950

Venue: Mosman Art Gallery Hall

10:30 – 12:30pm

Doors will open at 10:00am

Today's Speaker: Emeritus Professor Michael Atherton AM **"LIVING FOR WORDS AND MUSIC"**

A dynamic literary-musical talk that includes readings, images, and musical performance.

Emeritus Professor Michael Atherton AM is a composer, performer, author of several acclaimed books, and a musical explorer whose career has woven together performance, research, and cultural leadership.

Member's 5-minute Spot: Sarnie Hay

Next Meeting: Wednesday, 26 August 2026

CLUB LUNCH AFTER THE GENERAL MEETING ... YOU'RE INVITED

Members and guests are invited to join us at a Club lunch after each meeting, held upstairs in the Upper Duck Restaurant, Hotel Mosman, Military Rd, Spit Junction, (next to Boronia House), a short walk from the Mosman Art Gallery.

It has been a busy social time at Probus since our June meeting with outings and social events for members to enjoy and it is pleasing to see growing participation.

The Trivia Night at Club Bradley was well attended and enjoyable, and the Cinema Club saw "Tuner" at the Cremorne Orpheum followed by dinner at Minsky's. This month's \$2.50 outing to Victoria Barracks attracted over 20 members and proved a very interesting day. You can find more on all three, including photos, on the website and in the newsletter.

Upcoming events include "Fiddler on the Roof", a tour of Sydney Fish Markets (both events are fully booked), Sydney Male Concert and a \$2.50 outing to walk the Sea Cliff Bridge. This is a 665-metre curved cantilever bridge on the Grand Pacific Drive, hugging the coastline between Coalcliff and Clifton in the Illawarra region. Check out the details later in this newsletter.

I attended an information day run by Probus South Pacific early in the month, which turned out to be a useful session. The message was clear: to stay successful, Probus Clubs need to keep reinventing themselves. Activities and speakers should stay interesting and enjoyable, bureaucracy kept to a minimum, and current members welcoming and inclusive. Clubs should be using technology both to attract new members and to communicate with existing ones. Clubs should be seeking feedback regularly and encouraging members to contribute to the running of the club. We're aware of these objectives already, but it's good to have them reinforced.

Communications are important in a club of our size. That is why we produce such a detailed newsletter and include all our events on the website as well - to help members keep track of events, their dates and any times and/or directions. Can I encourage members planning to attend events, to check the Newsletter or the Website for information before ringing our very busy volunteers. The website [\[www.mosman-probus-club.com.au\]](http://www.mosman-probus-club.com.au) is designed to work well on your phone as well as your computer - try it out and add it to your favourites. www.mosman-probus-club.com.au.

This month I would like to acknowledge and thank the membership group, coordinated by Jenny and Keith McDonald, and including Sally Cullen, Mona Deakin, Desley Hume, Jenny Reeves, Christine Fraser and Denise Bloom. This team does a wonderful and truly invaluable job in welcoming members and visitors as they arrive, checking in members, helping visitors get to know the club, and handling the paperwork for new members. On behalf of the club, thank you and well done!

PROBUS TRIVIA NIGHT

Following our last two successful Trivia Nights, the next Trivia will be held at Club Bradley, 74-82 Bradleys Head Road, Mosman starting at **5.30pm on Wednesday, 5th August.**

(See Peter's report on a great night in July and the Article about Club Bradley on the last page)

Your quizmaster on this occasion will be Graham Levido. To enable you to "swat up" for the quiz, the questions will be in the following categories; Science & Medicine, Clothing & Fashion, Mosman & Lower North Shore, Earth & Space, General "Ignorance", Leisure & Pastimes, School Days/Daze-mid 20th Century.

Following the quiz most people stay on for a delicious Club meal (really good food!).

Contact: grahamlevido@gmail.com

CINEMA CLUB at the Orpheum

We meet at **3pm** on the **FIRST MONDAY** of the month at the Orpheum for the movie of your choice, followed by dinner at a nearby restaurant.

Gill sends out an email on the previous Thursday, to let you know what afternoon movies are on offer, and where you will meet for dinner afterwards.

Contact: gillnapper@gmail.com to join the list.



UPCOMING ACTIVITIES

Robyn Yates & the Activities team

DETAILS, BOOKINGS & PAYMENTS AT ACTIVITIES DESK AT MONTHLY MEETINGS;

or **BOOK & PAY BY E.F.T. to:** Westpac Account: BSB: 032 097; Account number: 750 233.

Account name: The Probus Club of Mosman Combined Inc.

[Identify deposit with your name & event, then email your bank receipt to mosmanprobus@gmail.com]

Wed 12 Aug	Fiddler on the Roof, Theatre Royal, Sydney. It is a 1pm matinee. The Theatre Royal is below the MLC Centre, 108 King Street Sydney (between Pitt & Castlereagh Streets). All tickets are sold. Tickets have been provided to participants. Wendy Lyons will be leading this activity. Please meet her at the theatre. The theatre usually requires attendees to be seated in the theatre around 12:40pm
Thurs 13 Aug	Discovery Tour, new Sydney Fish Market, Pyrmont Cost is \$46pp for a maximum of 20. Currently there is a <u>waiting list</u>. You can add your name at the July meeting. Meet at the Welcome Hub on the Ground Level at the bottom of the stairs of the main building (close to Bridge St) at 11:40 am. The Fish Market has advised that if people are late, it may not be possible for them to join the tour. The building has lifts and a travelator between floors. The 1-hour tour starts promptly at 11am. After the tour, participants can select their own lunch at a venue of their choice. There are a range of restaurants to meet the range of price points. In addition, it is possible to buy take away. Seating is available in the venue & on the top terrace for people to eat their take away meals. Options for getting to the venue include the L1 Dulwich Hill light rail line to Wentworth Park Station followed by a well-travelled 400m walk or the 389 or 501 buses to Harris Street followed by 550m walk. Alternatively there is a car park under the fish market, however it is extremely small & is frequently full. Uber or similar, is an option.
Sat 14 Aug	Sydney Male Choir Concert – Special Offer for Probus. Sydney Town Hall The 2pm concert recognises the importance of men's health & is proudly supporting the Prostate Cancer Foundation of Australia. The concert will feature guest artists including a jazz ensemble. Songs include Leonard Bernstein, Crosby, Stills & Nash, John Paul Young, Coldplay & Pilgrim's Chorus from the Opera Tannhauser. A discount of \$10 is available for Probus for each adult ticket. To book go to www.sydneymalechoir.com/concerts and apply the word PROBIAN in the Promotion Code box to access the discount. Discounted tickets will be \$49 instead of \$59 per adult.
Fri 11 Sept	Navy in Sydney West Harbour Cruise, King Street Wharf 3, Darling Harbour With the Navy Historical Society of Australia. The 9:30am - 1pm tour is co-ordinated by Waverton Probus. Sold out. Participants meet at 3 King Street Wharf, Darling Harbour. Arrive at 9:30am for boarding at 9:45am. Morning tea will be served onboard. Detailed information on the tour and getting to the cruise will be emailed to participants approximately 1 week before departure.
Mon-Fri 21-25 Sept	A Taste of Canberra in Bloom, OnCourse tour. Cost is \$1,795pp with \$440 single supplement. This includes all experiences, meals, accommodation, and luxury coach travel as listed in the day-by-day itinerary. Final bookings & payments are due by 19 July. OnCourse will invoice participants for the final payment. OnCourse has organised for home pick ups at the start & end of the tour. The tour includes visits to the Fedra Olive Grove, National Portrait Gallery, Royal Australian Mint, the Deep Space Communications Complex, Old Parliament House, Tulip Tops Gardens, the Australian War Memorial, Bungendore & the Blackwattle Alpaca Farm. Accommodation will be at Hotel Kurrajong, Canberra.
Oct TBA	Probus in Australia - 50th Birthday Celebration Advance notice. Details will be circulated to you closer to the time.
Tues 3 Nov	Melbourne Cup Lunch. Advance notice.
Wed 9 Dec	Christmas Lunch, Mosman Art Gallery Advance notice.



Our Activities Team at work

(Photo: Margaret Szalay)

\$2.50 CLUB – UPCOMING OUTING

Pamela McLeland

**Fri
21 Aug**

SOUTH COAST TRAIN JOURNEY AND WALK TO SEA CLIFF BRIDGE.

9.10am Meet at Town Hall Station - Platform 4 - Check board for Kiama/Port Kembla train.

9.24 Board train and exit at Helensburg Station.

10.18 change at Helensburg to platform 2 and catch local train to Scarborough station.

10.47 train arrives at Scarborough. From the station walk 1 kilometre downhill to Imperial Hotel.

OPTION: From hotel, walk 800 metres to start of Seacliff Bridge and return to Hotel - approx 12.15
Lunch is from 12 noon

2.12pm catch No. 2 bus to Thirroul station where we can catch the express train back to Sydney (approx. 1hour 15 mins)

No bookings just turn up at 9.10 at Town Hall Station. If weather doubtful on the day, check with me Pamela 0412 024 704

A long day and hopefully a goodie. As this is a \$2.50 Opal card outing, no booking required. Just turn up at 9.10am at Town Hall station (there is coffee available there).



Contact Pamela if you are able to host a \$2.50 Club outing in future.

We welcome three new members who were inducted at the Probus meeting on 24 June



New members: Sandra Berrick, Diane Gallery, and Helen Palmer, with President Peter Reeves
(Photo: Margaret Szalay)

SANDRA BERRICK —

Sandra has a background as an educational psychologist specialising in childhood disability, mentoring and supporting disadvantaged families. She has spent nearly 50 years living and working abroad, in the UK, USA, Mexico, Nigeria and Singapore. Her interests include botanical painting, theatre, opera, concerts and travel. She loves walking, and travel.

DIANE GALLERY —

Diane is a long-term resident of Mosman and had a career as a hospital scientist, now retired. To stay busy, she volunteers as an organiser for events such as Tennis and the Sydney Marathon, Sydney Writers Festival and Sydney Film Festival. She enjoys opera, concerts, travel and time with family.

HELEN PALMER —

Helen brings a remarkable diverse background to the Club: high school English and ESL teacher, then infectious disease specialist and GP. Her interests include walking, discussion groups, theatre, travel and dog rescue.

“BRING A FRIEND” PROMOTION

At the June meeting, Sarnie Hay, on behalf of the Club's Publicity team, announced the Club's plans to encourage current members to bring along a friend or neighbour as a visitor to our monthly meetings to expand our membership. At the annual Christmas lunch in December, the names of the participating members will be placed in a 'hat' and a winner drawn, to receive free membership for the following year (no subscriptions!!).

LIFE MEMBERSHIP AWARD TO DON NAPPER



At the Club meeting on 24th June 2026, Don's contributions to the Club over the last 14 years was recognised with the award of Life Membership.

President Peter Reeves gave this following address to the meeting:

"Don joined Mosman Probus in February 2011 and didn't take long to get involved. By 2012 he became Membership Secretary, by 2013 he was Vice President, and in 2014 he became President.

"His presidency coincided with his first stint as Newsletter Editor — so he was running the Club and editing the Newsletter at the same time. He has held that Management Committee role for most of his time with us, producing the Newsletter every month — collecting material, writing, editing, and getting it out on time. Don has done it for the past twelve years.

"In August 2016 Don delivered a member talk — "NSW Government Architects: The First Hundred Years" — giving members a real insight into a piece of Sydney's history.

"From 2019 until early 2025 he also led the walking group. Don didn't just organise the walks — he researched the history and points of interest along each route and talked members through them on the day. Those walks were genuinely informative as well as enjoyable, and that was entirely down to the preparation Don put in.

"Don has also been the Club's de facto photographer. The visual record of where we've been and what we've done over recent years exists largely because Don was there with his camera."

A special morning tea followed his award, with two cakes baked by member, Vichy Clapano. These were greatly enjoyed by the members and visitors, who were part of the celebrations.



One of Vichy's wonderful (& delicious) cakes, ready to share.

Gill & Don enjoying their slices

(Photos: Margaret Szalay)



RECENT CLUB ACTIVITIES

Robyn Yates

17 July – Bastille Day lunch at The Little Snail, Pyrmont

A group of 41 Mosman Probus members and visitors had a wonderful dining experience at The Little Snail in Pyrmont. The restaurant's French food was the perfect lunch for a Bastille Day celebration, albeit a few days late.

Despite the inclement weather, the restaurant's warm dining environment helped create a relaxed and sociable atmosphere. As usual the staff were welcoming and extremely efficient. Throughout the lunch, attendees enjoyed the opportunity to connect with one another. Conversation flowed across the tables with a clear sense of shared enjoyment.

The meal itself contributed strongly to the positive impression of the event. The Little Snail's menu provided a good range of options for each course, allowing everyone to find a preferred meal. Of course, the desserts were a firm favourite and everyone tried valiantly to squeeze in the third course.

Based on attendees' feedback, it was a most enjoyable lunch. Over the years, our Club has held numerous lunches at The Little Snail and every visit has been very successful. Today's lunch reinforced our members' enchantment with The Little Snail and reaffirmed the need for a return visit in 2027.



(Photos: Margaret Szalay)



RECENT \$2.50 CLUB OUTING

Pamela McLeland

9 July – Visit to Victoria Barracks, Paddington

Despite the rain, cold and early start, 21 intrepid persons boarded a very crowded Bondi bus with a short wet walk to the Victoria Barracks. After going through security, we met our guide Dean who took us on a fabulous tour of the barracks with lots of stories. It is a remarkable site with a lot of history and the guides are ex-servicemen and women who volunteer.



(Photos: Peter Reeves)

TREASURER'S REPORT***Helmut Regelein*****FINANCIAL REPORT FOR JULY 2026****01.06.2026 – 30.06.2026**

Opening Balance per Statement 01.06.2026		<u>\$ 15,407.66</u>
<u>Credits:</u>		
Total Income	<u>\$ 389.68</u>	
<u>Debits</u>		
Total Expenditure	<u>\$ 765.92</u>	
Closing Balance Bank Statement 30.05.2026		<u>\$ 15,031.42</u>
<u>Estimated Liabilities:</u>		
Total	<u>\$ 4,766.49</u>	
<u>Available Club Funds 30.06.2026</u>		<u>\$ 10,264.93</u>

SPEAKER IN JUNE:***Peter Reeves*****Peter Thorpe: Artificial Intelligence for Seniors**

Peter Thorpe opened his talk by introducing his one-year-old great-granddaughter Nancy, already comfortable with a smartphone, to make a simple point: today's children grow up immersed in technology, while those over 55 entered adulthood before computers or the internet existed. But rather than finding this daunting, Peter's message was reassuring. AI is not new, not frightening, and already part of everyday life. Google Maps, Siri, Netflix recommendations, and autocorrect are all AI. ChatGPT simply made it visible and accessible to the public, reaching 100 million users in just two months — faster than any technology in history.

Most of his talk was practical: what can AI do for you? Peter covered an impressive range of its capabilities, answering any question and explaining legal or medical documents in plain English, recommending books and recipes, helping write a speech, planning a holiday itinerary, identifying plants or buildings from a photo, and providing 24/7 technical support with infinite patience. He was also honest about the risks: AI can occasionally produce nonsense answers, can reflect bias, and can simply make things up, illustrating this with a story about fabricated quotes he'd asked ChatGPT to generate for a friend's book.

Peter closed on both an optimistic and cautionary note. AI will displace some jobs, but every major technology revolution has ultimately created more jobs than it destroyed. The deeper threat is deepfakes and misuse by bad actors, but the answer, he argued, is not to avoid AI but to engage with it. His challenge to the room: go to chat.com today, no account needed, no credit card, and just ask it something.

PROBUS TRIVIA NIGHT – 1 July***Peter Reeves***

An exciting trivia night was held at Club Bradley on Wednesday night, 1st July. Under the calm and measured control of Quizmaster, Barry Starr, a lively and spirited contest took place. The teams battled into the night (well past 7pm!) forcing the club to keep the kitchen and the bar open for them.

The eventual winners, a team led by "Gill N the Gifted" were boosted by a bonus and just scraped home by one point, closely followed by teams led by "Trish T the Thinker", "Trish L the Wise", and "Pam the Perspicacious."

Exhausted by the mental effort, our trivia players decided it was well time to relax and enjoy a delicious Club Bradley repast. It was a fun and immensely enjoyable evening. Thanks again to our quizmaster, Barry Starr, for organising.



(Photo: Peter Reeves)

MOSMAN PROBUS TRIVIA NIGHTS – First Wednesday each month

Members have already been enjoying the private facilities offered for Trivia and the great meals at Club Bradley, in the premises of the former Warringah Bowling Club on Bradleys Head Road, In case you missed it, read all about the new Club in this article published in the July edition of the *Northshore Living* magazine



By Michelle Giglio

Deputy Mayor Michael Randall
and Mayor Kimber at the relaunch

Mosman's beloved Warringah Bowls has had a new lease of life thanks to Lusso Kitchen, hospitality experts in the club scene

Spaces for the kids to run around while mum and dad have a quiet drink and a bite to eat are few and far between in Mosman, and the renamed Warringah Bowling Club (WBC), aka Club Bradley, has just 'gifted' the neighborhood some prime real estate.

It is no secret the 1903 club was in dire financial straits last year, facing closure and put into administration.

With the board determined to pay off its debt and make WBC a profitable entity, it has relaunched as Club Bradley and brought on experienced hospitality group Lusso Kitchen as catering partners.

Part of the sacrifice has been to allow members of the public free use of one of the pristine bowling greens, maintained so lovingly for its active members. It was a compromise to make the club more family-friendly, says deputy chair Mick Crosbie. "We have secured the club's future," Mick said at the launch of Club Bradley on 28 May. "And Lusso Kitchen is a very vital and integral part of our movement going forward."

There was great energy at the launch, with Mosman Mayor Ann

Marie Kimber very positive about the transformation, saying Club Bradley would be a 'genuine local spot' for all ages to gather.

"The club is moving away from the traditional feel for something to be much more open and welcoming for everyone," Mayor Kimber said. "All ages, anyone in the community can feel like they can come here at any time, just drop in. A genuine local spot where you can come for a meal, catch up with some friends, or spend the afternoon with your family."

Speaking to *NL* on the night, Mayor Kimber highlighted the fact green open space is at a premium at the harbourside suburb, given the State Government push to build more housing across Sydney – with Mosman not exempt from medium density apartment blocks, with dozens in the pipeline.

"It's better than having another high-rise here when we need recreation space," the mayor said. "The high-rise can be up where the transport is (at Spit Junction)."

Lusso Kitchen has completely overhauled the menu, with a wood-fired pizza oven, fresh gelato and cakes also on offer. A highlight is a gorgeous private dining room, with Lusso keen to cater for events of all

sizes. There is also now an outdoor bar and the pergola has been done up delightfully. Lusso has done a similar transformation at Longueville's The Diddy, using bowling greens to draw families with a winning formula of good food and outdoor recreational areas for the children.

Pickleball, free pool and table tennis, as well as trivia are a popular addition to Club Bradley, which is one of Sydney's oldest and most historical lawn bowling clubs.

"Over its 120-year history, the club has evolved into a focal point for the Mosman community," Mayor Kimber said at the launch. "Now it has been refreshed into a more open and welcoming space for the entire community."

"It's really important that the community get behind this new club and support it so that it can be sustainable into the future."

Club Bradley is open for lunch and dinner Tuesday to Sunday – with dinner finishing at 8pm. **NL**

CLUB BRADLEY

74-82 Bradleys Head Road
Mosman / 9969 4313
warringahbowls.com.au